

Small Plates & Appetizers

Scottish Smoked Salmon, £16 (216kcal)

Seared Scallops, £18 (619kcal)

With avocado puree, lime & ceviche dressing

Seared Tiger Prawns, £18 (398kcal)

With mango, fennel, lime, chilli & garlic butter

Caesar salad, £11 (846kcal)

With Romaine lettuce, croutons, parmesan & creamy Caesar salad

Soups

Tom Yum Soup, £16 (158kcal)

Spiced Asian style broth with prawns, scallops and mushrooms

Soup of the day, £9

Large Plates from the Land & Sea

Seared salmon, £23 (1301kcal)

With pearl barley, wild garlic & broad beans, salsa verdi

Roast fillet of beef, £35 (809kcal)

With potato gratin with smoked Applewood, wild mushroom & Madeira jus

Grilled lamb cutlets £30 (880kcal)

Roast Norfolk Poussin, £24 (1286kcal)

With celeriac & apple slaw, garlic and lemon butter, roast new potatoes

Sides of the day, £7

Specialities of the Middle East

Hummus £10 v (434kcal)

Puréed chick peas, sesame paste, lemon juice

Tabbouleh £10 v (417kcal)

Chopped parsley, tomato, onion, bulgur wheat,
lemon juice, olive oil

Labneh £10 v (104kcal)

Lebanese cream cheese

Moutabel £10 v (309kcal)

Smoked aubergine purée, sesame paste, lemon juice

Lamb Kibbeh £12 (354kcal)

Ground lamb parcels,
Bulgur wheat, minced lamb, onions,
Parsley, pine kernels

Falafel £10 v (272kcal)

Crisp ground chickpeas,
Broad beans

Fatayer £10 v (436kcal)

Pastry parcels, spinach, onions,
Pine kernels

Park Tower Mixed Grill, £30 (1729kcal)

Shish taouk, lahem meshwi, lamb cutlet, grilled onion, chilli and tomato

Shish taouk £22 (754kcal)

Chargrilled cubed chicken, lemon, garlic, grilled onion, chilli, tomato

Grilled lamb kofta, £24 (818kcal)

Grilled onion, chilli and tomato

Fattoush £10 (188kcal) v

Arabic Rice £7 (352kcal)

Flavours of India at the Park Tower

Park Tower Tandoori Sizzler: Lamb, £21 (536kcal) or Chicken, £19 (477kcal) or Tiger Prawn, £30 (230kcal)

Park Tower Biryani: Lamb, £21 (1076kcal) or Chicken, £19 (1027kcal) or Tiger Prawn £30 (683kcal) or

Vegetable £16 (731kcal) v

Park Tower Bhuna Curry Lamb, £21 (624kcal) or Chicken, £19 (399kcal) or Tiger Prawn, £30 (683kcal) or

Vegetable, £16 (355kcal) v

Bombay Potatoes £9 (352kcal) v, Tark Dhal £9 ((132kcal) v, Steamed Basmati Rice £5 v ((251kcal) v

Desserts

Panna cotta clementine £10 (868kcal)

Crème Caramel £10 (167kcal)

v Suitable for vegetarians. *Approximate weight uncooked. †May contain bones. Certain foods sold on these premises may contain nuts.
Please make any allergies known to a member of the team.